Garden Talk

By
Appomattox Garden Club

Today we will talk of Chrysanthemums. A couple of books would be necessary to cover properly the merits of this genus—one dealing with the Garden and Florist Chrysanthemums, the other to concern itself with Shasta Daisy, Pyrethrum, and a host of intriguing "cousins" of the familiar garden variety. In this article, we will talk of the one that concerns us most, the reliable garden perennial.

The Chrysanthemum has been in cultivation for over three thousand years in China and Japan. The Korean Chrysanthemums were found to be better able to withstand severe winters. Hardy varieties can be raised even in Minnesota and New Hampshire. English varieties have large flowers but bloom too late to be satisfactory in the northern states.

In this region, plants can be set out either in spring or fall, but spring planting will give the roots a longer period to become established.

Here is a six point program that will prove helpful in planting or replanting ((or in continuing care for those Chrysanthemums already planted.)

1. Plant in a location where they will receive sun for at least three-fourths of the day, and allow an average of 20 inches for each plant. The soil should be light, rich, and above all, well drained. In the preparation of the new border an abundant supply of manure should be spaded into the soil. When new plants are being added to the border, it is a good method to work a shovelful of manure into the place where the plants are to be set. The value of sufficient fertilizer cannot be over emphasized in the growth of the Chrysanthemum, for it is a plant which must not be checked in its development by lack of food or moisture.

2. Plant only deep enough to allow the soil to come to the top of the crown of the roots. Give the plants a good watering after planting, and supply water after growth starts to equal an inch of water weekly.

3. Pinch tips frequently in the course of the growing season, if stocky, bushy plants are desired. For the best results, however, the plants should not be pinched after August first, as they begin to set their buds about that time. Disbudding must be practiced, if a large flower is desired at the tip of each terminal shoot.

4. Protect foliage and buds by frequent dusting or spraying. Use nicotine sulfate for aphids; dusting sulphur for mildew, and red spiders, and DDT for 12-spotted cucumber beetles, which often attack opening flowers.

5. If you enjoy spot color in your garden, lift after buds are formed with large ball of damp soil about the roots. Place in border or box, but water generously. Since Chrysanthemums are all the colors except blue and blue-purple, they are beautiful when near blue flowers for contrast, such as perennial agerratum or the bluest of the hardy asters.

6. Prepare Chrysanthemum plants for winter by cutting tops to six inches and covering bases with an open, springy mulch.

There are hundreds, perhaps thousands, of named varieties of garden Chrysanthemums, and new names are listed each year. However, the following are so good that they will probably be around for a long time. They are: Allegro, pink and salmon; Apricot Glow, Autumn Lights, bronze; Avalanche, white; Bokhara, rosy crimson; Canary, yellow; Charles Nye, deep yellow; Lavender Lady; Pepita, crimson-red; and Seagull, white with cream centers.

Plant many Chrysanthemums for that riot of color that is so inspiring when the leaves begin to fall.

President Eisenhower recently signed the $33,480,000,000 highway construction bill, and Secretary of Commerce Weeks promptly announced the allocation of $1,125,000,000 to states.

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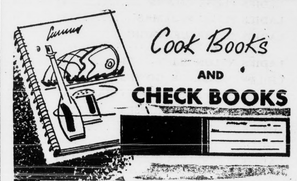

Cook Books AND CHECK BOOKS

A cook book helps the thrifty housewife to transform odds and ends of food into tasty dishes. A check book, through the record it provides, helps in the financial management of the family's funds.

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VIRGINIA CAVERNS HAVING BANNER YEAR IN ATTENDANCE

Richmond.. If early attendance figures are any indication of things to come, Virginia's caverns should enjoy another banner year in 1956.

Owners of the caverns report that visitors during the early part of the year have flocked to the attractions in greater numbers than last year, indicating a peak season this year, according to the Virginia State Chamber of Commerce.

A State Chamber survey showed that those caverns replying had all enjoyed increased attendance so far this year.

At Luray Caverns, a new coffee shop—constructed in 1954 — is being enlarged by the addition of a new room that will seat 60 people. The travel - attraction folks reported that a new three-lane highway is now in use from Panorama, on Skyline Drive to the foot of the Blue Ridge on the west side toward Luray, also.

At Skyline Caverns, attendance was reported up from last year, also.

Virginia, of course, abounds in these underground caverns, known for their cool temperatures, colorful stalactites hanging from the ceilings and stalagmites growing from the cavern floors and for their mirror-like underground lakes.

A brief description of the caverns, found mostly in the Shenandoah Valley section of the state:

Luray—A mile west of Luray just off Route 21.. The caverns are among the most popular in Virginia and in addition to their underground beauty have a beautiful Singing Tower with its carillon of 47 imported bells.

Skyline— Only a two-minute drive from the northern entrance of Skyline Drive on Route 12. Officially opened in 1946, the caverns feature wide canyons, large vaulted ceilings and unique cave flowers.

Grand Caverns— About one mile west of Grottoes, southeast of Harrisonburg on Route 12. The caverns were discovered in 1804 and long were known as Weyer's Cave.. It has a giant stalagmite, reportedly the world's largest, which is 80 feet in circumference and 40 feet high.

Endless Caverns— Three miles south of New Market just off Route 11. The caverns have thousands of needle-like stalactites and wonderful formations of flowstone. A museum adds to the caverns' list of things to see.

Dixie Caverns— Just off Route 11, about 14 miles from Roanoke. These are the largest developed caverns in the Roanoke area. They feature a series of narrow passages and several large rooms which have been excavated on three levels.

Shenandoah Caverns— Just off Route 11, about three miles south of Mt. Jackson. Many interesting formations, such as the "bacon rind" draperies are found here. The caverns are the only ones in the world with a hotel and dining room and cavern elevator under one roof.

Massanutten Caverns— Off Route 17, about six miles east of Harrisonburg. The caverns' Fairyland Room, with its daintily finished stalactite formations, is considered one of Virginia's most outstanding underground room.

Bristol Caverns— On Route 421 near Bristol, this attraction is noted for its formation on three different levels and for its impact upon a visitor only a few feet after he enters the caverns.

Battlefield Crystal Caverns—Near Strasburg on Route 11. These caverns are the oldest known in the Old Dominion. They were discovered in 1775 and formally opened in 1922. They are noted for the deep channels cut in the limestone from swift-moving streams.

Melrose Caverns and Civil War Museum— North of Harrisonburg on Route 11. These caverns have historic significance dating back to the War Between the States, when soldiers of both sides used the cave. The cavern walls still show some of the Civil War soldiers etched their names or held firing practice.

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Health and Beauty

Sun is good for the skin when exposure is moderate. However, prolonged baking is harmful and it has a drying effect on the skin. This drying can cause premature lines to appear that won't fade as the sunton does.

Use suntan lotion before going out on the beach. Even then, don't try to achieve a rich tan in a matter of minutes or even hours. Go slowly. If you are a brunette, cover with some sunburn preventive. You may expose your person to the sun twice a day, but watch the time. The first day limit your sunbathing to 35 minute intervals. Allow yourself 50 minutes the second day, 60 the third and 75 the fourth.

If you're a brownette, 30, 45, 50 and 60 minute periods are long enough the first four days. The blonde had better limit hereself to 25, 30, 40 and 50 minute exposures. The tender redhead gets only 20, 25, and 35 minute sunning. It is not wise for more than an hour per sunning. The after-effects on the complexion are too unflattering.

For some reason the 20-to-50 year age group blisters more easily than those who are either younger or older. Less-than-good health makes us more susceptible to sunburn.

Sunlight filtering down from hazy sky is almost as destructive as that from a clear sky. It looks so harmless that we often fail to protect ourelves on such days. The beach umbrella can give you a false feeling of security. Ultra-violet rays can bounce right off the water and cause burn.

If you have gotten a bad burn, the best thing to do is to smooth on a greasless, medicated skin cream. There are many to choose from. Some are quite dainty and you can wear them to the club dance right under your make-up.

If your burn needs soothing, try cold compresses saturated with tepid water and baking soda. Use two or three teaspoons of soda per quart of water.

If you are the skin type that freckles, you will want to be very careful of the amount of sun you take. Freckles are caused by the effect of strong sunlight on the ments of pigment under the skin. The modern thing to do is to cover your person with a protective coating of sun screen lotion, one that contains titanium dioxide.

If you are moderately shy, a big hat. Boys caps with the and coolie hats will prove smaller girls and be much flattering.

If advice comes too late, and desperate about freckles the most men think they're cute.

Store insecticides and fungicides where children and animals can not reach them. Be sure these materials are clearly labeled.

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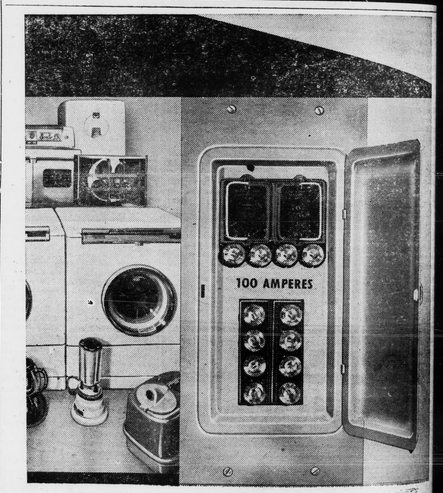

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...July 9.- July has certainly...s very hot weather. We ...ankful that it is cooler today.

...day Lake is the center of ...this hot weather.

...Lester B. Harvey spent Sun...the home of Mr. and Mrs. ...Harvey.

...Pearis passed off very quiet...have heard of no wrecks.

...T. C. Harvey Sr. celebrated ...day Thursday. Those pre...at the birthday supper were ...and Mrs. T. C. Harvey Jr., and ...and Mrs. Willie Moses and ...dren. He received a nice lot ...and cards. We all enjoyed ...together and wished for him ...happy returns.

...Jimmie Harvey and family ...and Mrs. Walter Gibson ...the home of Mr. and Mrs. ...Harvey on Wednesday.

...Braxton Page and Carolyn ...in the home of Mr. and Mrs. ...Harvey on Thursday.

...W. M. U. Society of New ...Baptist Church held their ...in the home of Mr. and Mrs. ...Gilbert on Wednesday night. ...present. Miss Louise ...gave a very interesting talk, ...was enjoyed by all.

...many from here attended ...School at Pleasant Grove ...this week.

...ion in the home of Mr. and ...E. Lewis on Friday night ...T. C. Harvey and family, ...and Mrs. L. H. Watson. ...Hettie Moss is spending some ...this home.

...T. C. Harvey, Mazie and ...were in Lynchburg on Sat...

...day in the home of Mr. and ...E. Watson on Saturday ...were Mr. and Mrs. T. C. Har...and Harriette.

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Stonewall

Stonewall, July 10.- This has been a hot dry July. This week we will soon be blessed with good rains and cooler weather.

Rev. Aaron Smith had his parents, the Rev. and Mrs. C. E. Smith, with him at Bethel Sunday morning. He did the preaching for his son. He is also preaching in the revival at Trinity Church this week. Everyone is invited to attend.

Mrs. Lyle Thomas and Mrs. Kelly Stratton celebrated Mr. Lyle Thomas and Ray Thomas' birthdays last Sunday, at the Thomas home, with every child and grandchild present. Those present were Mr. and Mrs. Vinson Russell and Mark, and Bonnie Lynn, of Richmond; Mr. and Mrs. Calvin Tanner, of Lynchburg; Mr. and Mrs. Kelly Stratton and Dobby, Charlene and Ray Thomas. A big birthday cake was cut after the old Virginia dinner was served.

Mrs. Elsie Caldwell, of Lynchburg spent the week-end with her son and daughter-in-law, Mr. and Mrs. Jack Caldwell, Jr.

Mr. and Mrs. Henry Beard and son, Lawrence spent the week-end in Norfolk with Mr. and Mrs. Joe Stephenson, Jr. Little Janet Anne Stephenson returned home with them to spend some time with them and her grandparents, Mr. and Mrs. E. L. Chick.

Mr. and Mrs. John Harrison and family spent the week-end with Mr. and Mrs. Charles Judy in Fincastle, Va.

Rev. and Mrs. Colie Rock and boys have returned home after spending their vacation at Virginia Beach with their parents.

Mr. and Mrs. Eugene Carson spent the week-end at Holliday Lake.

Mr. and Mrs. Irby Wheeler had most of their children home for the Fo'rth.

Little Charles and Carson Crawley, of Appomattox are visiting their grandparents, Mr. and Mrs. C. M. Stratton.

Glad to hear that Mr. Ernest Brown has returned home from the hospital. Hope for him a speedy recovery.

Mr. and Mrs. C. D. Carson and E. L. Chick were visitors at Appomattox on last Saturday afternoon.

Miss Virginia Davidson spent the week-end with Mr. and Mrs. Lester Carson.

The Rev. and Mrs. Colie Rock had as their guests last week her brother, Mr. Burgesse and his family, from Alexandria.

Using evaporated milk in cooking and baking provides a quick and an easy way to add more of the milk nutrients to meals. This is whole milk with the water content reduced.

Appomattox is a growing town.

Around Your Home

By Frances Dell

If you are the mother of an adolescent son or daughter, chances are that you are concerned with the most common complaint of this age —pimples. It is very important that you deal with this problem while it is still in the pimple stage.

If allowed to go on unchecked, the pimples may well go into acne. Aside from its disfiguring effect, acne can cause mental stress that will far outweigh the physical scars of the affliction. What is even more important, doctors tell us that the personality of many adults has been seriously hurt by the disfigurement of acne scars. Acne can lead to complexes which hang on for years — extreme shyness, toughness and similar personality faults.

There is no foolproof remedy for acne even in this age of miracle drugs. This is because there is no cause for the excessive flow of oil which brings on acne. Anything which impairs your health helps acne get started. Glandular maladjustment, infected teeth, prolonged emotional upset which interferes with normal bodily functions— all of these contribute to acne.

The cells of the outer skin or epidermis grow so rapidly that layers of them pile up faster than the dead cells can be sloughed off. This, coupled with oiliness, is a problem than a dermatologist can best deal with. Unfortunately, skin specialists are usually found in the larger cities only. If you must treat a pimple, here is a bit of advice from a dermatologist:

Have your family doctor check the health of the person involved. He may be able to spot promptly the underlying difficulty responsible for the eruptions.

Wash excess oil from the skin two or three times a day. Use almost hot water, soap and a rough washcloth or soft brush. Not only will the oil go with the washing but the alkali in soap softens the horny layers of old cells and helps to un-plug pores.

Be sure your child shampoos frequently. The shampoo used should be a mild one as it may be necessary to shampoo two or three times each week to keep the hair and scalp free of oil.

Watch your child's diet very carefully. You will find adolescents anxious to go along with most any diet necessary to clear up their pimples. Chocolate, nuts, cheese, cream, carbonated drinks, candy, butter, pastry, gravy and any kind of fat meat must not be eaten. See that the young person gets lots of fresh fruits, skim milk, vegetables, lean meats, including chicken and fish. No dried foods should be eaten under any condition. All sweets should be limited to fresh fruits, or canned fruits from which the syrup has been drained, and one or two pieces of hard candy to be eaten only after lunch or dinner.

It may take a week or two to see any improvement, but if improvement is not noted at the end of this period, the child should be taken to a skin specialist.

CAN PAY OFF LOANS

Veterans having GI loans on their homes, farms or businesses can make extra payments to the lenders at any time, or can pay off the entire loan without a penalty charge, Veterans Administration announced in response to numerous inquiries.

The minimum extra payment a veteran may make on his loan, VA said, is at least the amount of one month's payment, or a flat $100.

If a veteran who makes extra payments in accordance with this proviso wishes to, he may have the extra principal re-applied later to regular payments, provided the lender agrees. The purpose of this arrangement would be to prevent the loan from going into default at some future time, should the veteran at later become hard pressed for money to meet future regular payments.

About 1,076,000 loans have already been repaid in full since the beginning of the VA loan program in 1946. This represents about one out of every four loans guaranteed or insured by VA.

Richard D. Robinson

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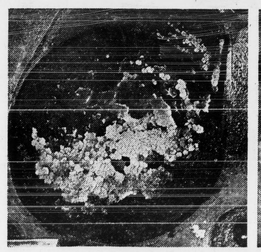

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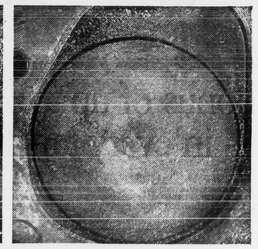

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